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**Athlete Details**

|  |  |  |
| --- | --- | --- |
| **NAME** | **ADDRESS** | **TELEPHONE NO** |
|  |  |  |
| **CLUB NAME (IF APPLICABLE)** | **DATE OF BIRTH** | **EVENTS ENTERED (See Over)** |
|  |  |  |

Entry form for participation in the Helensburgh & Lomond Highland Games Athletics Events

to be held at the Helensburgh Rugby Club, Rhu Road Higher, Helensburgh, G84 8YJ.

Once completed, forms should be emailed to [mdcampbell@btinternet.com](mailto:mdcampbell@btinternet.com)

or printed and forwarded to the address below:

Don Campbell

4 Paxton Crescent, Lochgelly, Fife, KY5 9ET

01592 781467

**Closing Date for Entries is Sunday 1 Jun 2025** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RSHGA Registration:**

All athletes who wish to participate in RSHGA events must be registered with RSHGA.

**Day Permit:** Athletes who wish to compete only at one Member Games during the Season may apply for a Day Permit. This should be done on the day at that event and may not be done online. The cost is £5 for an Adult, but free for a Youth. As its name suggests, it may only be done on one occasion, per season. This is not registration with the RSHGA, does not provide personal insurance cover and no points will be awarded for the Leagues, if placed in any events at that meeting. Any further participation will require immediate full registration at the rates specified.

Further details available at: [www.rshga.org/registration/register](https://www.rshga.org/registration/register)

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**Entry Fee**

Competing athletes must purchase an ‘**Athletics Competitor**’ Wristband’.

This costs just **£12** for adults and **£6** for youths\* and covers all-day entrance to the Games and all events entered. Tickets can also be purchased in advance via the H&LHG website.

[www.hlhighlandgames.scot/tickets](https://www.hlhighlandgames.scot/tickets)

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Races will start at 13:00, approximate race times will be available on the Games’ website

|  |  |
| --- | --- |
| Please place an “X” against the event(s) you are registering to enter: | |
| **1.** 90 Metres Open Handicap (Youth\*) |  |
| **2.** 90 Metres Open Handicap (Adult) |  |
| **3.** 90 Metres British Championship Open Scratch (Adult) |  |
| **4.** 200 Metres Open Handicap (Youth\*) |  |
| **5.** 200 Metres Open Handicap (Adult) |  |
| **6.** 200 Metres Scottish Championship Open Scratch (Adult) |  |
| **7.** 800 Metres Open Handicap (Youth\*) |  |
| **8.** 800 Metres Open Handicap (Adult) |  |
| **9.** 1600 Metres Open Handicap (Youth\*) |  |
| **10.** 1600 Metres Open Handicap (Adult) |  |

\*In youth races, the minimum age will be nine years of age and the maximum will be fifteen years of age, the exception being if a registered youth competitor reaches their 16th birthday after the first RSHGA member games of the season. Once having reached their 16th birthday they will then have the choice of either: 1/ Remaining a youth competitor until the end of the season or 2/ Immediately moving up to compete in adult competition and losing any league points already accrued during the season. If the youth athlete decides to move up to adult competition mid-season, they cannot then revert back to competing as a youth.

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By completing and signing this athlete entry form I agree to the rules and regulations set by both Helensburgh & Lomond Highland Games (H&LHG) and Royal Scottish Highland Games Association (RSHGA). I consent to the random testing for prohibited substances which may take place at any time and to inform the RSHGA prior to the competition of any medicines I may be taking. I understand that partaking in these events is not without risk, and I will not hold the Helensburgh & Lomond Highland Games responsible for any injuries.

|  |  |  |
| --- | --- | --- |
| **PRINT NAME** | **SIGNATURE** | **DATE** |
|  |  |  |

**Closing Date for Entries is Sunday 1 Jun 2025** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_